





# "Access, Services, Knowledge (ASK): Treatment of HIV and coinfections (hepatitis C and tuberculosis)"

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Training participants: representatives of non-governmental organizations, social workers and healthcare workers from Ukraine, Russia, Tajikistan, Latvia, Uzbekistan.

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## **Training topics**

| HIV/HCV/TB Epidemiology in Eastern Europe and Central Asia | .4   |
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| TB Diagnostics   | .4   |
| TB Treatment   | .5   |
| Compulsory Treatment                                       | .5   |
| Hepatitis C at a Glance                                    | .5   |
| HCV Diagnostics  | .5   |
| Hepatitis C Treatment                                      | .5   |
| Pipeline of HCV Drugs                                      | .6   |
| Access to HCV treatment in EECA                            | .6   |
|  | TB Diagnostics<br>TB Treatment<br>Compulsory Treatment<br>Hepatitis C at a Glance<br>HCV Diagnostics<br>Hepatitis C Treatment<br>Pipeline of HCV Drugs |







### HIV/HCV/TB EPIDEMIOLOGY IN EASTERN EUROPE AND CENTRAL ASIA

Key terms: epidemiology, prevalence, incidence, mortality, cumulative number, cure rate.

HIV statistics in the world and in Eastern Europe and Central Asia with a focus on participating countries (Tajikistan, Uzbekistan, Latvia, Russia, Ukraine). Specifics of the epidemic in EECA.

TB:

- Statistics in the world and in EECA (including multidrug-resistant and extensively drug-resistant TB)
- Countries with the highest disease burden (WHO data)
- WHO country TB profiles:
  - Latvia: <u>http://itpcru.org/wp-content/uploads/2015/06/WHO\_HQ\_Reports-</u> <u>G2-PROD-EXT-TBCountryProfile\_LV.pdf</u>
  - Russia: <u>http://itpcru.org/wp-content/uploads/2015/06/WHO\_HQ\_Reports-</u> <u>G2-PROD-EXT-TBCountryProfile\_RUS.pdf</u>
  - Tajikistan: <u>http://itpcru.org/wp-</u> content/uploads/2015/06/WHO\_HQ\_Reports-G2-PROD-EXT-TBCountryProfile TJ.pdf
  - Ukraine: <u>http://itpcru.org/wp-</u> content/uploads/2015/06/WHO\_HQ\_Reports-G2-PROD-EXT-TBCountryProfile\_UKR.pdf
  - Uzbekistan: <u>http://itpcru.org/wp-</u> content/uploads/2015/06/WHO\_HQ\_Reports-G2-PROD-EXT-<u>TBCountryProfile\_UZ.pdf</u>
- HIV/TB coinfection statistics.

Hepatitis C (HCV):

- Statistics in the world and in EECA; main challenges to get official HCV data
- HCV programmes in EECA
- Key affected populations

#### **TB DIAGNOSTICS**

Testing:

- Who should be tested on a priority bases (vulnerable groups, routine and preventive screening of people belonging to certain professions and/or groups, people living with HIV (PLHIV).
- What is important to know in the context of TB testing; testing approaches; testing patients with HIV.
- Clinical symptoms of TB.
- Types of testing (immunology, microbiology, molecular diagnostics, fluorography and X-ray of affected organs and systems, computer tomography, rapid testing) advantages and disadvantages.
- Testing of patients with known TB (drug sensitivity and drug resistance).
- What is new in the field of TB testing.







#### **TB TREATMENT**

- Drugs for treating TB
- Treatment approaches: treatment standards; Treatment of HIV/TB coinfection, MDR- and XDR-TB (multi-drug resistant TB and extensively drug-resistant TB).
- TB drugs classes (WHO classification)

#### **COMPULSORY TREATMENT**

- DOTS (directly observed treatment short course): principles and approaches for treating TB
- TB treatment in specialized facilities
- When should a TB-patient be isolated?
- Compulsory treatment: examples from the countries of the region

#### **TB Prevention**

- Risk groups; risk factors for getting infected with TB.
- Risk management (public healthcare, infectious control, individual medical surveillance, environment control, administrative issues).
- 3-I approach

#### HEPATITIS C AT A GLANCE

- Types of Hepatitis C introduction
- Hepatitis B, C, D (prevalence in the region, transmission routes, testing for hepatitis B, C, D; consequences of hepatitis C; manifestation and symptoms).
- Treating monoinfected patients and patients coinfected with HIV.
- Prevention and control.

#### **HCV DIAGNOSTICS**

- Basic terms (antigen, antibody, classes of antibodies);
- Types of diagnostics (PCR, genotyping, non-invasive diagnostics).
- HCV testing interpretation (anti-HCV IgM, anti-HCV core IgG, anti-HCV NS IgG, RNA HCV).
- HCV Genotyping
- EASL 2015 testing recommendations
- Rapid testing

#### **HEPATITIS C TREATMENT**

- Terminology (using the example of treating HCV with pegylated interferons and ribavirin): rapid virologic response, early virologic response, delayed virologic response, null response, partial response, sustained virologic response, breakthrough, relapse.
- HCV treatment (treatment standards, treating different HCV genotypes, treatment efficacy, treating HCV with pegylated interferons, protease inhibitors, direct-acting







antiviral drugs; treating patients with HIV/HCV co-infection); when to start treatment).

• New Chronic HCV Treatment Recommendations (EASL), 2015; EACS HIV/HCV Treatment Recommendations, 2014).

#### **PIPELINE OF HCV DRUGS**

- Overview of direct-acting antiviral drugs (Harvoni, Vikieraks, Exviera, daclatasvir).
- Drugs in the pipeline.

#### ACCESS TO HCV TREATMENT IN EECA

- Scope of HCV problem in EECA (epidemiology burden, vulnerable groups, absence of official data and patients register, no estimated numbers of people who need treatment)
- Standards of treatment in EECA ("gold standard", access to antiviral drugs (PIs) and new DAAs
- Situation with treatment in Tajikistan, Uzbekistan, Latvia, Ukraine and Russia (registration, price, national programmes)
- Access to HCV treatment advocacy priorities in EECA region:
  - Actualization of HCV problematic in EECA
  - Identification of number people who need treatment (national registers of patients with HCV)
  - Drugs availability including new DAAs (registration in EECA countries)
  - Treatment protocols optimization (according to international recommendations, inclusion of new DAAs)
  - Price reduction (negotiations with manufacturers, compulsory licensing and local production, patent opposition, generics procurement)
  - Access to treatment for vulnerable groups
  - Access to affordable ribavirin
  - Do we need telaprevir and boceprevir?
  - Cost of diagnostics?

More detailed information including the trainers presentations is available in Russian here: <u>http://itpcru.org/2015/06/08/materialy-treninga-ask-lechenie-vich-i-soputstvuyushhih-infektsij-gepatit-s-i-tuberkulez/</u>





