Case Study 2

M., a man, 30 years old, a former prisoner who is HIV +. M. has a tattoo on his fingers that says "ZENIT" (football club). M is fluent in Russian, but one can notice that, most likely, M. is from one of the Central Asian countries. He lives in St. Petersburg though. You are working in St. Petersburg, too. His CD4 count is 275 cells/mm^3, the viral load - above 100,000 copies/ml. M. was serving a sentence in a prison in Central Asia, says that he has never used drugs, but regularly drank chifir (highly concentrated tea) with friends.

1. **What are your first impressions? If you were managing this case, what else would you like to know?**

Answer:

Additional background information:

M. is feeling sick when eating meat, especially fat meat. He has residence documentation for Moscow and says he will be treated in the St. Petersburg AIDS Centre. The doctor has prescribed ARVs, Combivir and Kaletra . M. smokes.

2. **Do you agree with this combination? If so, why? If not, why not ?**

Answer

Additional background information:

At the hospital M. did a test for hepatitis C, the result is positive.

3. Will this change your opinion regarding the ARV therapy?

Answer:

4. What other tests would you like to see done? What else is important to know for managing this case? What are the possible social aspects that need to be taken into account and discussed with M?

Answer: